

# IMAGINEER YOUR LIFE

## Women's Vision Board Workshop

### *A full day to focus on YOU, your authentic life, and your ideal outcomes*

It all starts with a vision . . . yours!

Most of us have fleeting ideas of what we want to be, do, enjoy, and have in our lives. But they remain just that . . . fleeting. After all, who has time to get clear about what we want to create?

A Vision Board is a way to present and sell your own ideas to yourself – to anchor your dreams and allow the magic of manifestation to work in your life. It's more than slapping your pictures onto a poster board. It's about first getting clear on your authentic life, letting go of what's in the way, and then clearly connecting with your dreams, while designing a vision that calls to you.

That's why I'm leading this unique ***Imagineer Vision Board Workshop*** for women to give you the space you need to intentionally define your dreams and create a Vision Board that will effortlessly attract your ideal outcomes to you!

Here's what you'll get:

- ❖ Clarity on what you really want
- ❖ Space and time to map out your ideal outcomes in each area of your life
- ❖ Connection with like-minded peers (no negative nellyes!)
- ❖ A method to clear out the "gunk" that arises (time to let go!)
- ❖ All the tools to create your own powerful Vision Board
- ❖ Your very own Vision Board to take home and effortlessly attract your ideal outcomes in the months ahead.
- ❖ A delicious farmhouse lunch is included, too!

***Come get cozy this winter at the farm, with a full day of breathing room and dream time (the very thing you keep telling yourself you'll give yourself but never do).***

#### **When:**

Saturday, January 27, 2018  
10 am – 4 pm

#### **Where:**

White Gate Farm  
83 Upper Pattagansett Road  
East Lyme, CT 06333

#### **Investment:**

Early Bird Special: \$100  
ends on January 12, 2018  
(Regular \$115)

#### **Included:**

All materials and a delicious  
farm house lunch!

#### **Presented by:**

Barb Wickland,  
Certified Holistic Health  
Coach, Mindset Coach, and  
Certified Personal Trainer

#### **Registration:**

[feedyourselffully.com/events](http://feedyourselffully.com/events)

#### **Note:**

Because of the powerful work in our day together, there are only 12 spaces available. They will fill up fast so please act quickly.

(Doubts, excuses, and wavering are just the ego's way of stopping you from creating your dreams!)